



IMMANUEL
LUTHERAN CHURCH

The Image

October 2023



A Church Without Walls

Immanuel Lutheran Church

3214 Golf Road
Eau Claire WI 54701

[Immanuelec.org](https://www.immanuelec.org)

715-832-7832

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Blessing of the Animals

*"All praise be yours, my Lord, through Sister Earth, our Mother,
Who feeds us in her sovereignty and produces
Various fruits with colored flowers and herbs."*

~ Canticle of the Sun by St. Francis of Assisi

October fourth is the feast day of St. Francis, known to be the patron saint of animals. Our Season of Creation specifically ends on this day to celebrate all of God's creatures and the role they play on this earth and in our lives. A story from Christian tradition tells of St. Francis preaching to the birds and exhorting them to praise God. Francis walked through the birds touching and blessing them. After making the sign of the cross over them, they flew off. His companions stood amazed! After this, Francis made a point to encourage all creatures to praise God and he experienced many miraculous moments with God's creation.

We invite you to Immanuel for a blessing of the animals and outdoor camp-style worship on Wednesday, October 4th. (*Weather permitting!*)

Bring your animals and pets and enjoy a relaxing evening outside! We will provide sandwiches at 5:15 p.m. but feel free to bring sides, snacks, something to drink, along with a chair or blanket. The blessing and short camp worship will be at 6:00 p.m. with outdoor fellowship and campfire to follow. Get to know your Immanuel community and their furry friends at this casual event. (Park on the Southern end of the parking lot nearest to Golf Road.)

Pastor Jamie



OCTOBER WORSHIP SCHEDULE

Sundays 9 AM - Wednesdays 6 PM

October 1: Worship - Quilt Blessing
October 4: WoW - Blessing of the Animals
October 8: Worship - Malawi Highlights
October 11: WoW
October 15: Worship - Baptism
October 18: WoW
October 22: Worship - New Member Blessing
October 25: WoW - New Member Blessing
October 29: Worship - Reformation Sunday



Mindset Monday - Bible Study

Janet Carlson and Dee Schlieve will lead a 3-part Bible Study where we will explore “Holy places.” We’ll start with looking at home as a Holy place. Home can be the place we lay our head, the people we call family, our homeland or our community. We’ll consider the complexity and the promise of “home” through the stories of Israel’s exile, the ministry of Jesus and the promises of Revelation. We will meet at Immanuel from 6:30 – 7:30 PM on October 9, November 13 and December 4. All are invited! Come when you can – whether that’s for all three sessions or one or two. If you plan to join the first session, please let Janet or Dee know. You can call the church office at 715-832-7832 or call/text Janet at 715-456-0577 or Dee at 715-214-7754.



Mindset Monday - Somatic Practices for the Spiritual Journey

Somatics means “relating to the body, as distinct from the mind.”

God gave us a body and feelings and thoughts. We have an intricate nervous system, and along with our emotions and thinking mind, this informs our responses to the world around us. In these somatic classes, we will practice body and breath awareness to alleviate stress, become aware of our body and emotional responses, hold space for feeling and healing, and build resiliency for our spiritual journey.

When we study scripture, we often use our mind and intellect. When we settle and sense how our body is responding to scripture, we are using somatic awareness. When we pray, we are talking to God. When we meditate, we listen for the response. Somatic practices make room for the listening and understanding of the next right action for our spiritual journey. There are aspects of somatic practice built right into our liturgical worship- singing together, praying in unison, communion and more. When we are more familiar with these tools, church has an extra dimension of healing gifts for us.

Each month Sarah Aiken-Felling will bring a 45 minute set of practices that all will do together in a circle. These will be mostly breath and movement with a small amount of reflection about body sensation awareness. You do not have to have any previous experience, because all practices will be easy to follow along with. Sarah will create a set of practices that will help us settle and harmonize together. These practices will come from 25 years of experience studying the body and wellness through a Traditional Chinese Medicine lens, and what has been quick, easy and effective in her busy parenting and work life. They include vagus nerve resets, somatic experiencing practices, acupressure, breathwork and qi gong. Class will meet October 23, November 27 and December 18 from 6:30 - 7:15 pm.

Youth & Family Ministry News

Alyssa Engedal - familyministry@immanuelec.org

Halloween Spook-tacular 2023

Join us for our Halloween Spook-tacular! Immanuel and our friends at Create-A-World Preschool will be having an outdoor Halloween party for the whole family on Sunday, October 29 from 4 - 6 pm. Bring your own pumpkin(s) to carve or paint, and we will have a variety of family friendly Halloween activities for you to enjoy. We will also have hot dogs and chips this year! We will end the night with Trunk or Treating at 5:30. If you'd like to join us and pass out candy, please enter through the driveway on Golf Road and arrive by 5:15 to get set up! If you are unable to attend, but would like to donate candy for the event you can drop it off in the church office anytime.



2024 Youth Gathering in New Orleans

Get ready for the Youth Gathering! Registrations have begun and we are so excited to begin preparations for the 2024 Youth Gathering in New Orleans, LA. Stay tuned for updates, introductions from our team, and ways to support this awesome trip experience!



Create-A-World Preschool News - Katy LoRusso

We are off to a great start at preschool! All classes are filled!

In September/October we are holding two events. The first one is a FUNDrive clothing donation fundraiser. If you can donate, we will be collecting bags of clothes starting the week of September 25 thru October 6. Items can be dropped off in the trailer parked in Immanuel parking lot 9 am - noon Monday thru Friday AND 9 - 11 am on Sunday.

Note: Monetary donations are appreciated if you don't have any items to donate! Thank you!

The other event we are holding is a Family Fun Halloween Spook-tacular in conjunction with Immanuel on Sunday, October 29th from 4 - 6 pm. A fun and busy time for our preschool!





You're invited to JONAH's 16th Annual Event!

This year, JONAH is having two separate activities on Sunday, October 8, at the Brewing Projekt, in a fabulous and fun evening to set us up for success in 2024 in our organizing efforts for social justice issues in our community and beyond. Individuals are welcome to attend the one event that seems most designed for them, or consider attending both! There will be a food truck to provide dinner from 5 - 6pm.

1. **From 4 - 5pm is the celebration** with a focus on volunteers and congregation members. This event is free! All current volunteers and individuals from member congregations are invited to attend. We will lift up our volunteers, have our congregation ceremony, have special guest speaker: Ricardo Levins-Morales – a community organizer from Minneapolis ([INFO HERE](#))! All ages are welcome – there will be a kids corner. Please register [HERE](#) even though it is free, so we can keep a head count.

2. **From 6 - 7:30pm is the fundraiser event.** A \$25 ticket will get you a seat to hear the accomplishments of all the task forces, classical music interludes, dessert, and an opportunity to consider your financial contribution for 2024. We will also be announcing our first ever winner of our Justice Ally Award to a community member. ANYONE interested in attending can get tickets [HERE](#).



Fall Arts & Music Celebration - Oct. 29

Join in the fun on October 29th from 1 - 4 pm for the **2nd Annual Fall Arts & Music Celebration** at Trinity Lutheran Church, 1314 E Lexington Blvd. Local artists will display and/or sell their work and choirs from several Lutheran churches including Immanuel will be performing from 2 - 3 pm with a goodwill offering going to ELCA's Neighbor to Neighbor. Immanuel artists are invited to participate! Refreshments and desserts will be available. Come and admire awesome local artwork. Some for sale and some for viewing: Woodcarvings, Rosemaling and Folk Painting, Jewelry, Batik, Pottery and Sculpture, Photography and Stained Glass.



Please contact Holli Jacobson at hcpitsch@gmail.com to confirm your interest!

Pastoral Visitation - Spiritual Support and Prayer

If you or a family member are in the hospital or in need of a pastoral visit from Pastor Jamie, please contact the church with the specific request, hospital name, room number, and current phone number you can be reached at. Pastor Jamie is also doing home visits now at the request of members.

Phone calls or video chats are also great opportunities for spiritual care if this is more comfortable for you.



GAGA BALL COMING SOON!

Hi! I'm Keiran Tarpenning and I am working on my Eagle Scout project! For my project, I will be building a gaga ball pit aka "an outdoor dodgeball ring." It will be placed near the bell tower at Immanuel. With all of your donations, I reached my goal and hope to have it completed by mid-October. Thank you so much to everyone who donated to this project!



- | | |
|---------------------|-----------------------|
| 01 Brooks Coyle | 21 Jonathan Seamon |
| 03 Nicole Cox | 21 Kim Sturz |
| 03 Thatcher Carlson | 21 Tania Riske |
| 03 Xander Larson | 21 Cashton Hungerholt |
| 04 Natalie Carter | 22 Mark Malnory |
| 05 Thom Hokanson | 22 Casey Schumacher |
| 07 Mike Calkins | 22 Ava Petersen |
| 08 Kris Hanson | 23 Kelly Kavanagh |
| 09 Gary Pospishil | 23 Taron Blachly |
| 10 Emily Prissel | 24 Jaiden Ivey |
| 11 Lillian Reck | 24 Jameson Schumacher |
| 13 Sue Barquist | 27 Kailey Hanson |
| 14 Andrea Schaffer | 29 Bob Wilcox |
| 15 Shelley Borreson | 30 Alex Glynn |
| 15 Calvin Dean | |

- 02 Dean & Pam Johnson
- 12 Chad & Amy Drier
- 14 Scott & Elizabeth Calkins
- 20 Brian & Mary Bischel
- 20 Bryon & Vanessa Rassbach

Church Council Minutes

Once Council minutes are approved, they can be accessed [HERE](#) on the church website. If you would like a paper copy mailed to you, please contact the office at 715-832-7832 or office.immanuelec@gmail.com

Holy, Happy & Healthy - H3

Tuesday Morning Group: This group started Tuesday, September 12th and is studying the Book of Jeremiah and discussing Reverend Kenneth Wheeler's book, *US The Resurrection of American Terrorism*. They meet every Tuesday at 9:30 am at Immanuel, but also have the option to Zoom. They warmly welcome new folks to join!

Monday Evening Group: This group meets Monday evenings from 6:30 – 8:00 pm. Join in person or from the comfort of your home via Zoom! New members are welcome at any time! This year we will read and discuss, *Short Stories by Jesus: The Enigmatic Parables of a Controversial Rabbi*. The author, Amy-Jill Levine, takes readers back in time to understand how the original Jewish audience would have understood the parables told by Jesus. She then interprets these stories for the contemporary reader, "showing how the parables are not just about Jesus, but are also about us – and when read rightly, still challenge and provoke us two thousand years later."



How Are You Wired? - Dr. Michael C. Rehak

Each person has a primary orientation to one of the five senses. The majority of people have brains which are wired to either hearing or sight - auditory or visual. In this workshop participants will gain understanding in how they are wired. Being either auditory or visual can dictate behavioral preferences including where you prefer to sit in public venues (including church and classrooms), driving a car, talking on the phone, the words we use, dress, sleep, travel, and so much more. Understanding how you are wired allows you to have grace with yourself and grace with others wired differently.

Dr. Michael C. Rehak will lead this 45-minute interactive presentation after worship on October 22 and again on November 5. He will also lead this presentation on Wednesday, October 18 at 6:30 pm. This workshop is appropriate for participants high school age and above.



Green Team News

Three eco-friendly fall tips:

1. Like those autumnal scented candles? Most candles are made from paraffin wax, which is derived from fossil fuels. Instead, look for soy or beeswax candles and consider buying from a small local business.
2. Opt for planet-friendly treats on Halloween. Instead of candies wrapped in plastic, go for boxed or foil-wrapped goodies. The boxes can be recycled and foil wrappers can be combined with other aluminum foil scraps to make a large ball before also throwing in the recycling bin.
3. Leaves are a renewable resource. Mow over them (without a collection attachment) a few times. This breaks them up into small pieces which can decompose quickly and then eventually disappear altogether into the lawn, or layer directly onto flower and vegetable gardens to create an extra layer against the elements and weeds.

Join the Green Team!

The Green Team will meet after worship the third Sunday of each month in Luther Hall beginning October 15. So grab a cup of coffee and join the conversation. For more information, contact Sue Waits at 715-829-5762 or waitsr@charter.net.



Looking ahead...

Join Nate Aaseng for Bible Study on the Book of Revelations: November 12, 19 and 26.

Yoga Church: Join Sandy LaValley for Yoga Church on Thursday, November 2, at 6:30 pm. This will be held at the LE Phillips Public Library in the Riverview Room (Room 306). Yoga church is a free yoga practice that engages our faith. Join us afterwards for tea and conversation as we spiritually support each other.



Please consider serving:

- Sunday Usher
 - Reader/Lector
 - Asst. Minister
 - Sunday Snacks
 - Food Pantry Greeter
 - Weekend Kids Meals Delivery
- Sign up [HERE](#) or call the church office.

Pastor Jamie Brieske

Immanuelpastor1@gmail.com



Alyssa Engedal

Family Ministry/Camp Create

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Katy LoRusso

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Dee Schlieve

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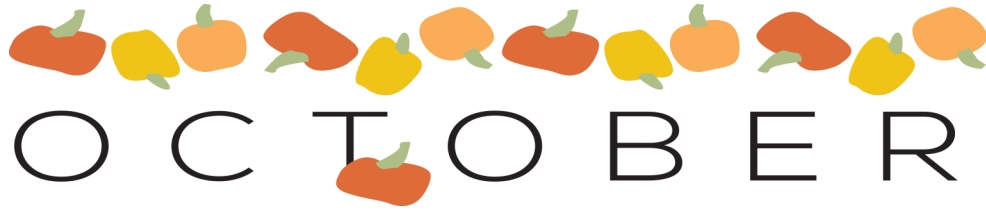
Sandy LaValley

Communications Administrator

Food Pantry Ministry Coordinator

immanuellutheranec@gmail.com

2023



OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9 AM Worship - Quilt Blessing</p> <p>10 AM JoF & Fellowship</p> <p>CAW FUNDrive</p>	<p>2</p> <p>1-3 PM Knitting & Crocheting Group</p> <p>4:00-5:30 PM Food Pantry Open</p> <p>6:30 PM - H3</p> <p>CAW FUNDrive</p>	<p>3</p> <p>9:30 AM - H3</p> <p>CAW FUNDrive</p>	<p>4</p> <p>10 AM Bible Study</p> <p>5:15 PM WoW Meal</p> <p>6 PM Worship - Blessing of the Animals</p> <p>6:30 PM Learning</p> <p>7 PM Choir Rehearsal</p> <p>7:30 NYG Trip Meeting</p> <p>CAW FUNDrive</p>	<p>5</p> <p>Noon - 4 PM Material Witness Quilting</p> <p>CAW FUNDrive</p>	<p>6</p> <p>LAST DAY CAW FUNDrive</p>	<p>7</p>
<p>8</p> <p>9 AM Worship</p> <p>10 AM JoF & Fellowship: Malawi trip highlights</p> <p>6 - 7:30 PM 16th Annual JONAH Celebration @ The Brewing Projekt</p>	<p>9</p> <p>1-3 PM Knitting & Crocheting Group</p> <p>4:00-5:30 PM Food Pantry Open</p> <p>6:30 PM - H3 & Mindset Monday Bible Study</p>	<p>10</p> <p>9:30 AM - H3</p>	<p>11</p> <p>10 AM Bible Study</p> <p>5:15 PM WoW Meal</p> <p>6 PM Worship</p> <p>6:30 PM Learning</p> <p>7 PM Choir Rehearsal</p>	<p>12</p> <p>Noon - 4 PM Material Witness Quilting</p>	<p>13</p>	<p>14</p>
<p>15</p> <p>9 AM Worship + Baptism</p> <p>10 AM JoF & Fellowship Green Team Mtg New Member Class</p>	<p>16</p> <p>1-3 PM Knitting & Crocheting Group</p> <p>4:00-5:30 PM Food Pantry Open</p> <p>6:30 PM - H3 & Mindset Monday Wholly Yoga</p>	<p>17</p> <p>9:30 AM - H3</p> <p>6 PM Trust Fund Mtg</p> <p>7 PM Church Council Mtg</p>	<p>18</p> <p>10 AM Bible Study</p> <p>5:15 PM WoW Meal</p> <p>6 PM Worship</p> <p>6:30 PM Learning and "How Are You Wired" with Dr. Michael C. Rehak</p>	<p>19</p> <p>Noon - 4 PM Material Witness Quilting</p>	<p>20</p>	<p>21</p>
<p>22</p> <p>9 AM Worship + New Member Blessing</p> <p>10 AM JoF & Fellowship and "How Are You Wired" with Dr. Michael C Rehak</p>	<p>23</p> <p>1-3 PM Knitting & Crocheting Group</p> <p>4:00-5:30 PM Food Pantry Open</p> <p>6:30 PM - H3 & Mindset Monday Somatic Breathing</p>	<p>24</p> <p>9:30 AM H3</p>	<p>25</p> <p>10 AM Bible Study</p> <p>5:15 PM WoW Meal</p> <p>6 PM Worship + New Member Blessing</p> <p>6:30 PM Learning</p> <p>7 PM Choir Rehearsal</p> <p>Immanuel serves @ Community Table</p>	<p>26</p> <p>Noon - 4 PM Material Witness Quilting</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>9 AM Worship: Reformation Sunday</p> <p>10 AM JoF & Fellowship</p> <p>1 - 4 PM Fall Arts & Music Festival @ Trinity Lutheran</p> <p>4 - 6 PM Spook-tacular Event @ Immanuel</p>	<p>30</p> <p>1-3 PM Knitting & Crocheting Group</p> <p>4:00-5:30 PM Food Pantry Open</p> <p>6:30 PM - H3</p>	<p>31</p> <p>9:30 AM H3</p> <p></p>	<div style="border: 2px solid orange; padding: 10px;">  <p>the COMMUNITY TABLE</p> <p>Immanuel continues to serve the 4th Wednesday of each month at the Community Table, 320 Putnam Street. If you would like to volunteer, please contact Peggy Blomenberg at 715-456-3350.</p> </div>			